

# MATRIARCHS

**A 13 Week Study of Mothers of the Bible**

*Discover the Power of Motherhood  
through the Lives of Those Who Have  
Gone Before Us*

## WEEK 8 – HAGAR

**SMALL GROUP & INDIVIDUAL WORKSHEET FOR DEEPER STUDY**

### HAGAR: The God Who Sees and Hears

Genesis 16 and Genesis 21 (NKJV)

Just as Abram and Sarai had been called out of the culture of their day, we too have been called out of our culture. What are some “cultural norms” of today that are competing for yours, and/or your children’s attention? \_\_\_\_\_

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Sarai begins treating pregnant Hagar so harshly that she runs away into the wilderness. She’s sitting alone by a spring when The Angel of the Lord enters the scene.

Read Genesis 16:7-8:

Now the Angel of the Lord found her by a spring of water in the wilderness, by the spring on the way to Shur. And He said, “Hagar, Sarai’s maid, where have you come from, and where are you going?”

Up until this time, Hagar had been referred to by Abram & Sarai as either, “my maidservant,” or “your maid.” And here, she is approached by the God of Abram & Sarai, and He knew her name! He knew who she was! And, even though He knew where she’d come from and where she was going, He loved her enough to ask her those questions.

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You are no different! He knows your name (Isaiah 43:1-2), and He cares about where you have come from and where you are going? In the space below (or in a separate journal), write down where you have come from. Rejected? Abandoned? Betrayed? Loss? Lack of nurture? Unfulfilled dreams? Abused? Trauma? Your own sinful choices? \_\_\_\_\_

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- 1) **Confess any area that needs to be confessed.** [1 John 1:9]
- 2) **Repent of specific sins including un-forgiveness, anger, bitterness and unbelief. Transformation begins with forgiveness.** [Isaiah 1:18; Acts 3:19; Hosea 6:1-3]
- 3) **Receive healing as you forgive and pray to bless those who have so deeply wounded you. (You may have to do this daily).** *You'll know you are healed when it doesn't hurt any longer, and you can truly pray for them to be blessed.* [Mathew 5:44; Romans 12:14]
- 4) **Thank God daily for your healing, and choose to walk in His Truth by immediately capturing any negative, or damaging thoughts, and replacing those thoughts with Truth from His Word.** (2 Corinthians 10:3-5)
- 5) **Allow God to continuously transform you by the constant renewing of your mind.** You do this by reading His Word, talking daily with Him, and surrounding yourself with like-minded believers. [Romans 8:5-6; Romans 12:1-2, Galatians 5:16-25]

**Where are you going?** If you've spent time going through the steps of where you have come from, then your journey of healing has begun, or if you were already on the journey of healing, maybe this has taken you a few more steps in your healing. No doubt you are no longer heading in the same direction as before! You've made a U-Turn, and the road you're on is that of walking in Truth and Spirit. **This is the road that leads to FREEDOM and HEALING!** In the space below, describe what the Holy Spirit is doing in your life. What has He revealed to you? \_\_\_\_\_

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**What ails you? [Genesis 21:17a]** You can be 100% honest with God. Is something ailing you? You can talk to God about it! The Psalmist says in Psalm 142:2, ***"I pour out my complaint before Him; I declare before Him my trouble."*** As you pour out your heart to Him be sure to sit still and wait. Wait for the Holy Spirit to minister to you. Ask Him for an awareness of His presence. Ask Him to hold you close. As you wait, read through some of the Psalms: ***Psalm 31, 40, 46, 77, 91 & 139.*** Listen for His voice as you read His Word. As you pour out your heart to Him, He'll fill up your empty places with more of Himself. \_\_\_\_\_

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