

when words are many,  
sin is not absent but  
he who holds his tongue  
is **wise**.

Proverbs 10:19

but the fruit of the Spirit is  
**love, JOY, peace**  
patience, kindness, goodness  
faithfulness, gentleness, and  
self-control.  
against such things there is no law.

Galatians 5:22-23

if we confess our sins  
He is **faithful** and **just**  
to **forgive our sins**  
and cleanse us from all unrighteousness.

1 John 1:9

**rejoice** in the Lord always,  
i will say it again:  
**rejoice!**

Philippians 4:4

Let your gentleness  
be evident to all.  
The **LORD** is near.

Philippians 4:5

do not be anxious  
about anything, BUT  
in every situation,  
by prayer and petition,  
with thanksgiving,  
present your request  
to God.

Philippians 4:6

and the **peace** of **God**,  
which transcends all understanding,  
will guard your hearts and mind  
in **Christ Jesus**.

Philippians 4:7

I know what it is to be in need  
and I know what it is to have plenty.  
I have learned the **secret** of being  
content in any and every situation,  
whether well fed or hungry,  
whether living in plenty or in want.

Philippians 4:12

I can do everything  
**through Him**  
who gives me strength

Philippians 4:13

...weeping may last through the night, but  
comes with the morning.

**joy**

Psalms 30:5